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18th October - 1st November 2025

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Deadline for November issue
Tuesday 21st October

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KELSO HERITAGE SOCIETY

Scottish Charitable Incorporated Organisation (SCIO No. SC047690)

Patron: His Grace The Duke of Roxburghe

**Evening Talk, Monday 20th October, 2025
7.30 p.m. at Kelso Rugby Club**

The Resurrection Men of Kelso

A Talk by Andrew Armstrong

We all know about the infamous case of Burke and Hare. But did you know that over a century earlier, Kelso had its very own bodysnatchers or resurrection men? This talk explores the location of the events, the resulting court case and the interesting individuals involved.



Logo - courtesy of A. Binnie

KELSO ANGLING ASSOCIATION

The long awaited rain which fell in early September raised River levels throughout the catchment. The first day however, brought a large amount of sediment and drifting weed into our waters of the Teviot. As the water cleared on the fine down of the second day, reports came of one or two fish being caught by anglers eager to enjoy the first opportunity to fish after such a long period of low water. The main cohort of salmon do appear, according to catch reports, to have remained on the lower beats of the main river. Perhaps further rain will hopefully, in the next few weeks, encourage those salmon to move up into our Waters.

The association outing to Sweethope in August turned out to be a better day than at first envisaged. The arrival of the coach at the fishery car park gave anglers a view of the lough in conditions that were less than encouraging, flat calm and floating algae. Not in any way good for fishing. Fortunately the breeze picked up and dispersed the green film for the rest of the day. Dry fly was the most successful method for most but the usual bright still water patterns also produced fish. Many thanks to Dave Welsh for organising the finances, boat hire and most importantly the buffet in the Bay Horse Inn.

Trout fishing on our waters is continuing to fall below expectations for September. Fly life and rising fish are both best described as sparse.

Grayling were caught in good numbers as the water temperature cooled from the height of the heat wave and in spite of the low water levels some decent fish were caught.

The Tweed Foundation biologist was asked to survey the underwater life in the Teviot to ascertain the numbers and range of creatures making up the food source of Trout and juvenile Salmon. The accepted method across all scientific bodies in the country is to use a fine meshed net to collect a sample over a three minute period of kicking the river bottom to dislodge insects into the net. The sample is then analysed with different species identified and logged onto a score sheet. Allowing for the fact that most insects will have hatched during the Summer and the remaining eggs deposited will be too small to see without the use of a microscope, the sample was rather disappointing. Salmon Parr need a good supply of food as they grow in their first years in the river. Hopefully a sample taken in the Spring will be more encouraging.

Tight Lines!

Neil Jones, Secretary, kaasecretary1@gmail.com

07508 870566



KELSO AMATEUR SWIMMING CLUB



We hosted a come and try in August and look forward to a few new swimmers coming to join the club. It is also with sadness that we said farewell to James, Anna and Bronwen in September. James & Bronwen head to Edinburgh University, with a view to swimming with the Edinburgh University Swim Team. Anna heads to Stirling and has been invited to join the University Performance Swim Team. Well done and thank you for your commitment to Kelso ASC.



Katie won overall the intermediate section of Scottish Tetrathlon on 7th September thanks to some super swimming!

The Border League kicked off in Galashiels on the 14th September. There were some strong performances especially in the relays with some winning teams. Special mention to Jocie who took part in her first competition. Well done all!

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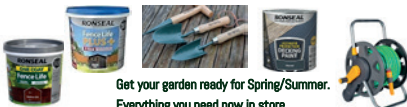
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Morebattle Primary School: P1 Residential

On the 1st of September our Primary 7s went to Robinwood Activity Centre in Cumbria. They travelled by bus with children from Edenside, Ednam and Yetholm. They were all amazing on the trip, tackling every activity and facing fears. Read on to learn their highlights.

I really enjoyed the activities. My favourite was caving and giant swing. The food was good. I particularly liked the curry. The rooms were nice and comfortable, but they did creak if the top bunk moved. Our group leader was kin and let us call him princess Max. **Iona**

When we got there, it was soaking wet. The walk to robin wood was all uphill but the activities were really fun, but some were a little scary. The food was good, but it was almost the same thing every day.

Heath

Robinwood was amazing and I really recommend it! The food was 100% good. My favourite part of our residential was Giant Swing. The staff were really kind and open.

Peggy

When I went to Robinwood the activities there were the best part. For me, the food was not that good. The beds were quite squeaky.

Skye

Robinwood was an amazing experience, and I would 100 percent go again. The food was good, and I would recommend it. My favourite activities were Caving and Giant Swing. The staff were kind and were always willing to help.

Elsie

My time at Robinwood was extremely fun! The food was quite nice, especially the tomato pasta and I enjoyed the desserts, they were delicious! Also, I was happy who was in my room with me, we had lots of fun except the walls were paper thin and we could hear the people in the room next to us. Everyone there was very kind and our team leader let us call him Princess Max. The activities were amazing. My favourite was caving or giant swing. In my opinion, it was brilliant!

Martha



KELSO HERITAGE SOCIETY

Scottish Charitable Incorporated Organisation (SCIO) – No. SC047690

Patron: His Grace The Duke of Roxburghe

Registered Address:

13 Springwood Bank
Kelso
TD5 8BA

Contact Details

M: 07966 006 427
E: khsoc.secretary@gmail.com
W: kelsoheritagesociety.co.uk

Talks are held Mondays at 7.30 p.m. in Kelso Rugby Club

TALKS SCHEDULE SEPT. 2025 – APRIL 2026

15 th Sept. 2025	Alistair Moffat	To See Ourselves – A Personal History of Scotland Since 1950
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20 th Oct. 2025	Andrew Armstrong	The Resurrection men of Kelso
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17 th Nov. 2025	Dave Welsh	Origins of Kelso Abbey – via France and Selkirk and Kelso Heritage AGM
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19 th Jan. 2026	Margaret Skea	Scottish Tower Houses
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16 th Feb. 2026	Cathy MacIver	Uncovering the Tweed – AOC Archaeology
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16 th March 2026	Seymour Haugh	60 years of Border Mountain Rescue
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20 th April 2026	David McLean	Charterhall Aerodrome in World War II
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Logo – courtesy of A. Binnie

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- paints, brushes and solvents
- how to prepare a quick-drying board
- how to sketch the outline
- how to mix and apply colours to build a painting from dark to light.
- How to paint snow



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Any questions? Pop into my gallery shop, Catherine & Company, at 5 The Square and if I'm there I'll help. If not, drop me a line or pick up the phone:

E: catherine.mooney@btinternet.com

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Autumn in Kelso: Warming Homes and Seasonal Finds

As the days grow cooler and nights draw in, Kelso comes alive with autumn colour. From stacked logs and soft blankets to warming suppers and scented candles, the town is full of seasonal touches to make your home feel ready for the months ahead.

Home Comforts

At **James Stewart & Sons**, you'll find wicker baskets in every size for stove-side logs, plus sturdy cast-iron boot removers and umbrella holders — essentials for wet Borders weather.

Over at **Borders Cookware**, colourful casseroles, autumn oven gloves, and timeless Aga and Le Creuset pieces bring instant warmth to the kitchen. And if your cooker or stove needs servicing, **Thermaheat** are trusted throughout the Borders to keep things running smoothly.



Fragrance & Finishing Touches



The **Mole House** has autumn-ready gifts and décor: pumpkin candles, spiced diffusers, and plenty of ways to make a home smell welcoming as evenings darken.

Add cosy blankets and textiles from **Catherine & Co** and you've got comfort wrapped up.

Books & Evenings In

For quiet nights, head to **20 Storey** for books, puzzles, and crafts — perfect for curling up with under a blanket.





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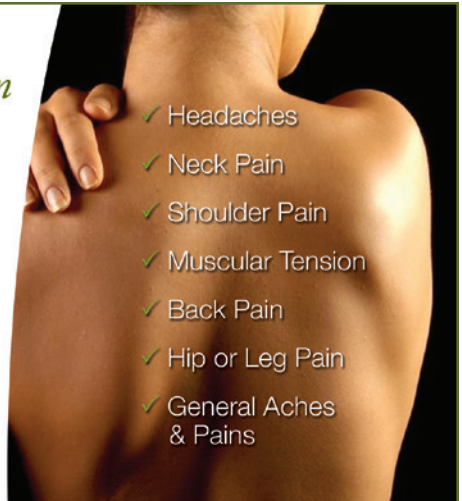
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News from Sprouston Primary



Following a request by our children, we decided to focus this term's learning on the theme of zoos. Here are some highlights.



RESEARCH AND DEBATES: We have had debates about whether Zoos are good or bad and looked at how they have changed over time. We have been researching our favourite animals and looking at their natural habitats and how zoos attempt to emulate this in their enclosures.



ART: We have created amazing animal art work in the style of Scottish Artist Steven Brown.



CRAFT and PLAY: We have created our own zoos with our loose parts and created miniature enclosures.



TRIP: We had an amazing trip to Edinburgh Zoo where we spent the day with one of their Education Officers, Phill. We got to handle animals and have a tour where we asked lots of great questions.



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Gardening Tips from Woodside

Autumn is now upon us and the bright colours of the summer garden are fading, and it's time to turn our attention to winter and all year round interest plants.

Conifers often suffer from bad press, but they really are fantastic plants which allow you to enjoy colour and structure in the garden 365 days of the year, and the best part of all is that they are so easy to grow it hardly takes any effort!

The foliage of conifers is surprisingly varied in colour with shades of blue/grey, green, orange, yellow and variegated foliage all adding character to your garden. They also come in different shapes for different garden situations – prostrate for groundcover, columns and cones for accent points, bushy for screening and gap filling, and ball shapes for feature planting. And of course there are hedging varieties too. A bit of pruning is sometimes required to keep the shape you need, but always try and work with the natural shape to get the best results. Columnar conifers benefit from being bound with twine over the winter to prevent the wind and snow distorting the shape, but done well this is hardly visible.

People often worry about the height of conifers, so it's important to choose the growth rate that fits your needs. Take time to read the label and it will give you an indication of the annual growth rate. They vary from very slow (1-3cm per year) which are conifers suitable for alpine troughs, rockeries and container, to very fast (25-30cm per year) which make excellent screening plants, and all the growth rates in between. Don't forget that conifers keep growing, so don't be caught out by the labels stating the height after 10 years.

Conifers, when planted in a garden and mixed with other plants, provide a haven for wildlife. Birds appreciate the shelter for roosting all year round, and many will also nest in conifers, insects will pupate in the bark, and spiders find them the perfect habitat for their webs. Conifers also help the planet by absorbing carbon dioxide from the atmosphere and storing it as carbon for many years. With conifers in many gardens in the UK the benefit soon accumulates, so even by planting one conifer you are helping to make a difference.

My favourites include *Picea glauca* Sanders Blue – a slow growing dwarf Spruce in a neat cone shape with blue tinged needles, *Thuja plicata* Whipcord – a bizarre mound forming conifer with dreadlock like foliage, *Tsuga* Coles Prostrate – a beautiful ground covering plant with dense carpets of foliage, and *Cupressus* Wilma – a cheerful yellow foliage upright conifer, great for planting in containers and surrounding with pansies or violas for autumn and winter impact.

As you can tell, I'm a big fan of conifers when planted in the right place, as they are so varied in character and so easy to grow. They associate well with other shrubs such as *Pieris* and *Physocarpus*, and they can be underplanted with heathers for a traditional look, or with a wide range of perennial plants for a softer appearance. They are also very useful in pots as you can use them as the centre-piece all year round and add bedding plants throughout the year for seasonal interest.

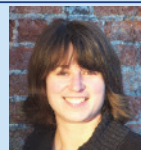
Plant with a good compost – I recommend Growmoor Multi-purpose Compost with added John Innes, and plenty of Rootgrow for a head start and top off with composted bark for a tidy finish and to help improve soil structure. Don't forget to feed each growing season with fertiliser to keep them looking fresh and healthy so that you have many years of enjoyment season after season.

Happy Gardening

 Follow us on Facebook

Emma and the Woodside Team

Find us just off the A68 on the B6400
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Kelso Farmers Market
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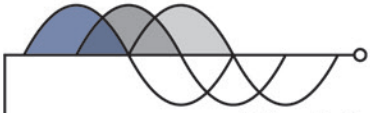
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22nd November & 20th December 2025



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Kelso Parkinson's Support Group
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Mayfield Garden Centre, Kelso TD5 7AU

First meeting Tuesday 7th October.

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Saturday 13th December

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In our Selves
In our School
In our Community

Latest Update from Kelso High School

There have been lots of exciting things happening at Kelso High School over recent weeks. Read on to discover more...

Monday, the 8th of September, marked one of the true highlights of our KHS calendar - our annual Celebration of Learning Senior Awards Evening. It was an absolutely wonderful evening where we came together - learners, families, staff, friends of KHS - to recognise and celebrate the incredible achievements of our young people over the past year.

We are truly grateful to everyone who helped make the evening such a success: to Mr David Ferguson for presenting our Attainment and Pride Awards; to Mr Angus Utterson - Kelso Laddie 2025 - for presenting our KHS Proxime Accessit and KHS Dux of the School Awards; to our brilliant Head Team for ensuring the evening ran seamlessly; to Miss Suzanne Cowe and Mrs Katie Neil from our School Office, whose tireless organisation made the evening possible; to the staff at the Tait Hall for all their help and support; and to all the families and friends of KHS who joined us in celebrating our learners' successes. Of course, our biggest thanks go to our award winners themselves - your dedication and hard work throughout the year makes us so very proud.

We are pleased to announce that the Kelso High School Dux of the School for 2025 is Lucy Campbell. Lucy's time at KHS has been marked, not only by her outstanding academic achievements, but also by the positivity, determination and commitment she has demonstrated throughout her time with us. Lucy's dedication and tireless work ethic have ensured her continued success and we are delighted to share that she will now be moving to the next stage of her education at Trinity Hall, University of Cambridge. This is a remarkable accomplishment and one that reflects the depth of Lucy's abilities and the efforts she has invested in her studies. However, Lucy's contributions to KHS have gone far beyond her academic excellence. She is a talented musician, an active leader within the school and a founding member of the KHS Bee Club. Her beekeeping journey has been particularly inspiring. From helping establish the Bee Club, to taking part in our Beekeeping Trip to London in 2022, to achieving her NPA Level 5 qualification, she has embraced every opportunity. Her dedication to this unique skill even led her to represent Scotland at the International Meeting of Young Beekeepers in Dubai in December 2024 - an extraordinary achievement that brought pride to both herself and to our school. In addition, Lucy has achieved the rank of Black Belt in Martial Arts, demonstrating the same resilience, focus and quiet determination that define all her pursuits. Lucy is a wonderful role model and we are delighted to recognise and celebrate her many achievements. Well done, Lucy - a worthy recipient of the Bowmont Medal that is kindly donated by His Grace, The Duke of Roxburgh.

We are also delighted to announce that the recipient of our KHS Proxime Accessit Award for 2025 is Bronwen Payne. Bronwen has been an outstanding learner throughout her time at Kelso High School, excelling not only in the classroom, but also in the swimming pool. A talented and dedicated athlete, Bronwen has competed at the highest level, achieving success in numerous competitions. This level of achievement does not come without hard work and Bronwen has shown incredible commitment to her training, spending countless hours developing her skills and pushing herself to be the very best she can be. What makes Bronwen's success even more impressive is the way she has balanced the demands of competitive sport with her academic studies. She has consistently achieved excellent results in school, whilst maintaining the focus and discipline needed to thrive in her swimming. Managing this balance requires resilience, determination and superb time-management - all of which Bronwen has displayed in abundance. Bronwen is a wonderful example of our school values in action: participation, respect, included, determination and excellence. Whether in her studies, in the pool, in her beekeeping or in the wider life of the school, Bronwen has always been a true role model, approaching everything with positivity and commitment. We are incredibly proud of her achievements and delighted that she is the recipient of the Scott Salver - given in memory of Lady Isobel Scott - as the KHS Proxime Accessit of 2025.

We were also excited to introduce a brand-new award at our Celebration of Learning Senior Awards Evening: Friends of Kelso High School. This special recognition celebrates individuals who have gone above and beyond to support our school community, helping to improve outcomes for learners, families and staff alike. This award reflects the very heart of KHS and our core values of PRIDE - Participation, Respect, Included, Determination and Excellence. This year's six recipients have embodied these values through their generosity of time, energy and commitment - ensuring that KHS is not only a place of learning, but a place where everyone feels supported and inspired to thrive. On Monday 8th September we honoured and thanked – PC Carin Tait-Logan, Julie Pollock, Louise Rawlins, Stacey Ballantyne, Elaine Dyer and Alastair Martin - true friends of KHS who have made a lasting difference and whose contributions will be remembered for years to come.

A much-anticipated part of the Celebration of Learning Senior Awards Evening is always the announcement of the winner of The Freedom of Kelso High School Award. This year, that honour was awarded to David Ferguson - former Director of Hockey at KHS. Particularly fitting was that David was introduced and presented with his award by our Head Team member, Antonia Nicod Rogerson, a keen and talented hockey player during her years at Kelso High School. Please read Antonia's warm tribute to David below...

"This award is for our former Director of Hockey, David Ferguson, who stepped down from his role before the summer after being Director of Hockey at KHS since 2020. David has a huge passion for the sport, which alongside his commitment and hard work helped turn KHS's Hockey programme into what it is today. David has supported all of us who play hockey over the years, by not only helping us to improve our skills on the pitch, but also by helping us grow into determined and respectful young people. He has always coached us with a calm and steady encouragement no matter how difficult we were, and his positive energy and great humour never seemed to run out. David always made sure that we were aware of our school values of Participation, Respect, Included, Determination and Excellence, being just as important on the pitch in our games representing KHS as they were off the pitch in our general lives as well. He taught us how to handle tough losses and celebrate big victories and taught us to understand that a loss can matter more for our improvement in our games and day to day struggles than being able to celebrate a win - and that is a type of lesson that will help us throughout our whole lives. David created something special during his time as Director of Hockey at KHS - with his sense of fair play, leadership and his belief in us that we could achieve great things in whatever we do. For that, he will leave a lasting legacy here. Whether it was coaching us in Scotland's indecisive wet weather, cheering us from the sidelines or getting us all involved in singing songs on the bus trips home from games, his impact has been felt by every single one of us. From his unending organisation behind the scenes, to making hockey fun for all us young people, like BBQs and dress up hockey sessions, to always turning up to every session and game with a positive attitude and smile no matter how whiny we were, has definitely made such a difference to how enjoyable our experience has been with the sport. David has always brought 100% to everything he did for KHS Hockey and has also brought integrity and a quiet determination, which has not just shaped KHS Hockey teams, but our KHS community and for that we shall always be forever truly grateful. So, on behalf of KHS, I would like to say a huge thank you to David Ferguson for giving us so much over the years and being an incredible Director of Hockey". Congratulations on this award, David and thank you from everyone at KHS!

Previous Winners of The Freedom of Kelso High School Award

2000 Mr James Nicolson	2009 Mr John Cawthorn	2018 Mr Alexander Hay
2001 Sir William Purves	2010 Mr Ross Ford	2019 Dr Claire Askew
2002 Mr Alastair Moffat	2011 Mr Charles Robertson	2021 Mr Dean Weatherston
2003 Mr Bryan Redpath	2012 Mr Kevin Young	2022 Mrs Carol Lesenger
2004 Mr Thomas Maconochie	2013 Mrs Irene Goodfellow	2023 Mr Grant Connor
2005 Mr J Sinclair Watson	2014 Mr Jake Harvey	2024 Dr John Darlington
2006 Mr John Wallace	2015 Mrs Mary Weir	2025 Mr David Ferguson
2007 Mrs Margaret Riddell	2016 Mrs Evelyn Oliver	
2008 Miss Anna King & Mr David Hay	2017 Ms Sheila Wichary	

Photographs from our *Celebration of Learning Senior Awards Evening* can be found on our KHS Facebook page.

If you wish to keep up to date with what is happening at KHS in session 2025-2026, please follow us on our social media platforms: Kelso High School Facebook and Kelso High School Instagram.

If you would like to share with us the successes of former pupils of KHS,
please contact our School Office on KelsoHS@scotborders.gov.uk - #pridekhs

Please mention Kelso Life when responding to adverts

John Lamont MP

SUPPORTING KELSO FARMERS AND WORKERS

It was fantastic to see new records set at Kelso Ram Sales this year.

I took the opportunity to speak with local farmers and agricultural workers about the concerns they have and the challenges they are facing.

There is no doubt that Labour's Family Farm Tax is

continuing to cause significant worries for people who just want to pass on their family business to their son or daughter.

But the overall atmosphere was positive and the event was once again a success.

I'll keep campaigning to protect local jobs and help



businesses to thrive by encouraging both the UK and Scottish

governments to support farmers, back local produce, and bring down the tax burden.

LOCAL PUPILS VISIT UK PARLIAMENT

I'm always very happy to show local residents around the UK Parliament when they visit London.

I recently had the pleasure of meeting a group of young people from Kelso High School who were bright, keen and

enthusiastic.

If you would like to arrange a trip to the House of Commons for your school or a local organisation, please get in touch with my office and we will be happy to provide you with more information.



John Lamont MP



Member of Parliament for Berwickshire, Roxburgh and Selkirk

6 ways to contact John

-  01450 375948
-  john.lamont.mp@parliament.uk
-  25 High Street, Hawick, TD9 9BU
-  [johnlamontmp](https://www.instagram.com/johnlamontmp)
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The new rugby season is underway at Poynder Park, and supporters have already enjoyed some close-fought matches and memorable moments on home turf. Hastings Legal are proud to be involved this year as kit sponsors, with our name featuring on the new Kelso RFC warm up shirts and hoodies as the team take on Premiership rivals across Scotland.

Kelso RFC 14 - 8 Melrose RFC

A wet start at Poynder Park cleared to bright skies and a rainbow over the posts, just in time to spur Kelso on to a 14-8 victory against Melrose. It was a hard-fought Borders derby, with Kelso showing resilience in defence and taking their chances in attack to secure the win.

Earlier home matches have brought their own highlights, with solid performances keeping Kelso competitive in the Premiership.

Supporters have already enjoyed some close contests, and the team will be looking to build momentum as the season continues.



From the Sponsors' Side

For Hastings Legal, the Kelso vs Melrose game was about more than just the rugby. Match day began with a fantastic lunch four of our team were kindly invited to attend — a great chance to enjoy good food and catch up with Borders contacts before heading outside.

We took the opportunity for a quick promo photo with the new Kelso shirts, braved the weather under our umbrellas, and joined the crowd to soak up the Borders atmosphere.

Between the hospitality, the connections made, and the unmistakable buzz of a derby day, it was a memorable outing for the Hastings team.



Upcoming home fixtures at Poynder Park:

- Sat 25th Oct – Currie Chieftains (KO 3pm)
- Sat 22nd Nov – Watsonians (KO 3pm)
- Sat 6th Dec – GHF RFC (KO 3pm)
- Sat 27th Dec – Jed-Forest (KO 3pm, festive derby)
- Sat 17th Jan – Glasgow Hawks (KO 3pm)
- Sat 31st Jan – [fixture tbc]

Tickets are £12 on the gate, with supporters very welcome.

Kelso's win over Melrose was the perfect start to a new season full of promise. With strong performances already on the board and a busy calendar of fixtures still to come, there's plenty for supporters to look forward to at Poynder Park. Hastings Legal are proud to stand alongside the club this year, and we're excited to follow Kelso's journey through the months ahead.

The Kelso Men's Shed

I recently spoke with one of the ladies who knit teddy bears for the Ambulance Paramedics and some other NHS services. Anne Cook joined the Shed after the loss of her husband Ron, in part out of the kindness she received from the Shed members. On mentioning to Sue Stather that she knitted items for the Naval Children's Charity, (to help children who have one parent away from home for extended periods) the conversation led to maternity hats (which Sue knits) and teddy bears. Anne kind of undertook a childhood quest as an 8 year old to 'stop people from being poorly.' She took on a career in nursing lasting 38 years, working mainly in Gloucester, South Wales, and the Shetlands where she met Ron. Anne enjoys making the bears, some of the them softer for the younger, and firmer for the older children.

I also spoke with Terri Harkin, a Shed member who works for the Out of Hours GP Hub for the Borders Urgent Care Centre as well as duties in the Scottish Ambulance Service. The Hub regularly deals with sick children through NHS 24. "Children are often brought to the Hub by their parents/guardians. It is a hospital environment which can be frightening to them, they are already unwell, and will need to be seen to by strange adults. The bears help calm distressed children down, they improve communication, and also serve as a useful tool in aiding any necessary medical examination. The bears have been knitted with new yarn and are prepacked to comply with infection control in the majority of cases they make all the difference".



The Shed is open Tuesday, Thursday & Friday 10am to 3pm,
Wednesday 10am to 12.30pm & Tuesday evenings 7pm to 9pm.

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Broomlands Primary Welcomes New Staff

Broomlands Primary is delighted to welcome two new members of staff this term. Miss Dickson and Miss Amos have joined our team, bringing energy, enthusiasm and positivity to our school community.

Both have settled in well and are already making a difference to the learning experiences of our pupils.

We are also proud to share that representatives from our Going Green pupil group, Layla and Archie, will attend the Greener Gateway Awards evening later this month. Their dedication to promoting sustainability and helping our school become more environmentally friendly is a real credit to them and to Broomlands.

School life is thriving, with pupils enjoying learning, play, and the many opportunities to contribute to the wider life of the school. With the support of staff, families and the wider community, Broomlands continues to be a happy and positive place to learn and grow.



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The Borders Girls league is off to a strong start, with competitive fixtures for both our Under 18s & Under 16s. Our Under 18s matched Currie on tries in an exciting away game, with Currie narrowly taking the win thanks to successful conversions. With Boroughmuir unable to field a full side, the following fixture was played as a development match — and in true Borders spirit, our girls scored for both teams! It's been fantastic to see so many of last season's

Under 16s stepping up confidently into Under 18 rugby, bringing energy & commitment to the pitch.

Our Under 16s have made a strong start in the new East/West league, with close, hard-fought wins against Dunbar & a composite Ayrshire side (Kilmarnock-Cumnock-Carrick). These early results reflect the character, teamwork, & talent of girls from seven different Borders high schools coming together to play brilliantly as one.

If you know any girls aged 14 to 17 — whether they're new to rugby or seasoned players — they're warmly invited to join us. Visit www.bordersgirlsrugby.org for details.

To our sponsors: thank you. Your support means the world. And if you or your business would like to help us grow, we'd love to hear from you — sponsorship details are available on the website.

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Kelso Golf Club



Congratulations to all our winners of the latest competitions:

GENTS

- 30.8.25 - McHutchison Trophy (captains prize) - winner Norman Woodhead 69
 31.8.25 - Senior Gents 4BBB Open - winner Richard Jackson & Mike Birch 47 points
 A SHOUT OUT (thank you) to Phil Stewart Ltd for the Sponsorship
 13.9.25 - Elsie Ford Gents Invitational 4BBB - Phil Stewart & Colin Virtue 45 points

LADIES

- 9.8.25 - Ladies Captains Prize (stableford) - winner Lynn Small
 24.8.25 - Ladies Hill Medal Final - winner Kirsty Campbell
 30.8.25 - Ladies McRobert Thistle Cup - winner Lynn Flannigan
 6.9.25 - Ladies Autumn Stroke - winner Kirsty Campbell
 13.9.25 - Ladies Stableford - winner Sharon Paterson

SENIORS

- 28.8.25 - Summer Points 5 - winner Richard Jackson 39 points
 4.9.25 - Marjorie Robertson Trophy - winner Joe Adair & Tony Forster
 11.9.25 - Summer Points 6 winner Richard Jackson 38 points

JUNIORS

The club is restarting the Junior competitions...TBC

UPCOMING EVENTS AT KELSO GOLF CLUB

Ladies Day will be held on Saturday 18th October if you were lucky to have booked a table we will meet you there at 3:30pm.

The Last Presentation Night will be held on Saturday 1st November.
 Entertainment will be provided by the Cover Monkeys.

Please book in advance for: Mad Friday will be held on 18th December for a carvery.
 Hogmanay 31st December.

Kelso Golf Club would like to wish **Leanne Wilson** good luck in her upcoming competitions.
 Leanne is currently leading the order of merit which means she has qualified
 in the Scottish Women's Amateur Tour.

Leanne has made it to the finals which are due to be held at Castle Stewart G.C.
 at the end of the month.

Good luck Leanne from all of us the Kelso Golf Club

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The Provost Report

Hello everyone. Welcome to my October report and I hope you are all well.

At the time of writing this report, Kelso Community Council is currently in Abeyance, as the term of office ended after the September meeting. Applications to put yourself forward as a Community Councillor opened on Monday 15th September. Please contact me below for further information and an application form.

The closing date for applications is Monday 6th October and a provisional first meeting date (depending on the outcome of applications received) is scheduled for Tuesday 21st October, 7pm in the Town Hall.

However, I am still available to contact, should you have any questions or concerns regarding the town in the meantime. I can also put you in contact with the correct person.

We are organising a litter pick on Wednesday 22nd October at 6pm – please come along and give an hour of your time – everyone is welcome, and we really do appreciate your involvement – Meet in the Square outside the Town Hall where all equipment is provided.

Kelso in Bloom would like to thank the committee of Heiton & District Horticultural Society for their generous donation of £980 towards our planting, as they have now, unfortunately disbanded.

The Annual General Meeting of the Kelso Laddies Association SCIO will be held on Friday 14th November – 7pm in the Dickson Room of the Cross Keys Hotel. All patrons and members of the public are welcome to attend.

If there is anything that you would like to bring to our attention, please contact myself or Secretary Yvonne Oliver below, and we will try and resolve or find the answer for you. Our meetings are open to the public and are held in the Town Hall every second Tuesday of the month (excluding July and August).

Yvonne Oliver

Secretary

kelsocommunitycouncil@gmail.com

Gavin Horsburgh

Kelso Town Provost

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Sunday 30th November 7.30pm

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Self-directed Support – what is it?

Self-directed Support (SDS) is the way people access social care and support in Scotland. It is designed to be a flexible way for people who need care and support to choose how this is provided and who provides it for them.

There are four Self-directed Support options. The option you choose will depend on the amount of control and involvement you want to have.

Option 1 – Direct Payment (DP)

With this option the Council will pay your individual budget straight to you or to an agreed third party. You can then choose and arrange your own care. You can get help with this from *Encompass (more details below).

Option 2 – Individual Service Fund (ISF)

You choose a Care Provider who will manage your individual budget on your behalf. You then work with your provider to arrange your support.

Option 3 – Social Work managed

Social Work will make all support arrangements and manage your care for you.

Option 4 – A mix of the above

The first step for anyone who may need social care is an assessment from Scottish Borders Council Social Work department, to work out if you are eligible for social care and what that care should look like to help you best.

How do I get help with this?

Help and information on Self-directed Support is available from the Get Ready for SDS project by contacting preassessment@encompassborders.com or calling 07562948388. This is a free service.

The Get Ready for SDS pre assessment worker will meet with people who want advice about using social care in the Borders, help them to understand the options available and to navigate the social care system.

- They listen to you, what your situation is, and share information about SDS and the four options
- They help people understand the social care assessment process
- They explain about the SBC Charging Policy
- They provide information about other organisations in the Borders such as Borders Carers Centre, Borders Care Voice, Ability Borders, Red Cross, What Matters Hubs and other support services available.

You can also ask for help from the SDS Forum

The SDS Forum in the Scottish Borders is a group of people who use social care, care for people who receive social care, or have experience of social care. Over several years, the SDS Forum has developed a productive working relationship with the Health and Social Care Partnership (HSCP) and Forum members are active participants in the local authority SDS Improvement Group.

If you would like more information about the SDS Forum e-mail

sdsforum@encompassborders.com or phone 0756 294 8386.

SDS Forum members also made a film to promote the four Self Directed Support options

<https://youtu.be/tB2rO4ND7xk>

*Encompass is a local independent user-led support organisation that works closely with the local HSCP and helps people who have chosen Option 1 with organising and managing their care.

Contact: admin@encompassborders.com call 01896 759700 or visit their website www.encompassborders.com



Rachael Hamilton MSP

MSP for Ettrick, Roxburgh and
Berwickshire Constituency



The Scottish Parliament
Pàrlamaid na h-Alba



Get in touch with Rachael



01573 224862



rachael.hamilton.msp@parliament.scot



7 Abbey Court, Kelso, TD5 7JA

If I can help with any issues, please get in touch

The costs of this publication have been met from parliamentary resources.



Our first term of 2025/2026 has started with new faces and old. We are embracing the changes of more 2 year olds in our ELC and being one class of P1-7 in the school.

Since starting back this term in ELC we have been shape detectives. We have been out and about round the village hunting for shapes in our environment, we found all the shapes on our shape hunting sheet. We continued this within the setting doing lots of activities that involved using shapes like making shape patterns with the threading beads.

We have also been looking at our emotions and how we are feeling. We have introduced a mood wall using our mood monster cushions. We identified each of the emotions then talked about how they make us feel and what we can do to support each other with our emotions. Each morning, we move our photo to the emotion that best describes how we are feeling and use it throughout the day to express any changes to our feelings.



We then combined our emotions and shape theme together and made a mood shape monster. We used shapes to create the monster then drew on a face to show how it was feeling. We even chose shapes in the colours that represented the emotion our monster was feeling.

In the school, our term began with the development of our Class Charter using the UN Convention of the Rights of the Child. In our class we want everyone be safe, respected, hard working and kind. We have discussed that we all have a part to play in this.

Our Primary 7 pupil has just returned from an amazing residential with pupils from Morebattle, Ednam and Edenside. Her favourite things were the raft building and the trapeze.



Our hard work in the classroom is still being complemented by learning outdoor and enjoying the amazing area that we live in. Our Social Subjects topic is Castles and our Science focus is on materials so we had a great afternoon down by the Bowmont building castles. The children worked well together demonstrating great knowledge of how to build safe and secure structures despite limited resources.



Kelso Churches Together

Dear Friends, I can't believe its autumn already!

Is it just me or do the days, months and years seem to be flying by faster and faster.

October is an interesting month. Everything around us is changing. The leaves are falling off the trees at a great rate of knots. The days are getting shorter, and the temperature is dropping - we may even need to put the heating on again!

We look back at the warm days of summer, of holidays, Civic Weeks and so much more and they can seem a distant memory.

In our beautiful Borders Countryside, we see it all around us. The colours are changing in the fields, and we see large expanses of soil that looks bare and empty - but of course they are not empty!

Underneath the top of the soil new plants are preparing themselves for growth. They are snuggled in and gently but steadily germinating and preparing to push themselves up when the seasons change to provide the new life and growth for next year.

Nature is amazing, its grows, produces fruit, rests and then starts again.

I guess this is a good model and pattern for each of us. As the nights draw in, we can find the time to rest a little and prepare for all that lies ahead. It's not easy and I'm not suggesting for a moment that we just switch off and do nothing. Quite the opposite.

This autumn season is the time to grow. To look at what we want to achieve in our lives and to prepare for our future growth and new life.

I'm almost scared to say it but Christmas is not that far away and that of course was the time when new life and a new future came into the world in the form of a simple baby. An outward sign of God's love for all people. For us it's a time of gathering and celebration. The days have just started to get longer, and we see the new seasons stretching out in front of us.

So, here we are in October, the harvest is in, the new seeds are planted, and we can find some time to prepare for the next season in our lives. As we do this I pray that you know that you are loved and valued by that great God who holds you as the earth turns and the flowers and crops begin to grow again.

With my love and prayers for you all.

Canon Bob King

Councillor Euan Robson

Kelso and District Ward

Scottish Borders Council



will be holding a surgery in
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That is us 5 games in to the season by the time this edition is circulated.

As I write we have won 2 home games against Hawick and Melrose. Low scoring and not a lot of free flowing rugby but our defence has been solid and the faithful have gone home happy. An unusual feature of the league programme is a player welfare week where there are no Premier or National league games on the last weekend of September. This gives every player the opportunity to get their Christmas shopping done early. I don't want to tempt fate but we have been very well behaved on the pitch with no yellow cards. A few penalties but no cards! Our injuries have mostly been to the lower limb & there are several moon boots wandering around Poynder. We wish all affected players a speedy recovery. We have now been able to access our drafted players. Each Premier club has been allocated a share of the professional and Academy players from Glasgow and Edinburgh. Whether there is an equal and fair distribution, is debatable however. We have used 3 drafted players so far but some on our list are not very likely to appear in the Black and White as they are more established players & will be used by Edinburgh in the United Rugby Championship.

The Clubrooms are no longer like a building site as the work on the lift and the accessible toilet upstairs have been completed and opened officially at the Hawick game. The Club is most grateful to the groups and individuals who have generously help fund this expensive but worthwhile project.

The Sharks have also got good numbers training and are well into their Border Junior League programme. Most of the league games will be played on Friday nights. The benefit of this move is that there is a greater likelihood of referees being allocated and it also gives players and spectators a night out on Friday as well as being able to access games on the Saturday afternoons.

The Quins with their new coaching team of Phil Hume and Murray Hastie and with Dave Howieson as manager, are having it tough as they have played most of the top teams so far. A few of the current under 16s have been cleared physically to play at Quins level if required.

The under 16s, school teams and the Cougars all have started their season with good numbers at most age groups.

The Ladies have not quite got going with their league season yet as they have had a couple of games called off.

Members were invited to an Extraordinary Annual General Meeting on 15th September to discuss the status in terms of governance of the Club. The Management Committee sought permission from the members to carry out all acts required to incorporate a company limited by guarantee within 18 months. This was passed unanimously by those attending.

A sub-committee will now start to process this but will always keep the members informed of the progress.

Autumn international tickets have all been dealt with as regards to the order going in to Murrayfield. The information on how to get tickets for the games in Italy, Wales and Ireland is on the Club's Facebook page/ website as well as being mentioned at home league games. The bottom line is that tickets for the Italian game are not ordered through the Club but on the Italian Rugby Federation website. Go onto: <https://sport.ticketone.it/seatmap/51618/90600336/italia-vs-scozia-six-nations-2026>

For the Wales and Ireland tickets you have no choice in seating category. Wales tickets cost £82.50 and Ireland tickets cost £136. I think you might be sitting beside the blazerati for that price. You need to send your name, the game you want to go to, your email address, your mobile number and your SRU e-ticketing number to normantanderson512@gmail.com by 11th October. No late applications will be entertained. Payment comes later.

The Walking Rugby goes from strength to strength and they will be pleased to see any newcomers on a Friday mornings at 10:30. The highest number in attendance has been 22, including 2 ladies. They had a break in July to recharge their batteries. They recently took part in a tournament at the Hive at Murrayfield and entered into the true spirit of Walking Rugby by participating well. There is no truth in the rumour that they are being bankrolled by the Foresters in Pathhead!

The club has launched a Youth Rugby lottery, which has replaced the 200 Club, through Support Sport Lottery. It is a national lottery and we would encourage supporters to participate. It costs £1 per week and further information can be received on www.supportsportlottery/kelso-rfc/.

We are continually grateful to the sponsors who have stayed on board with us. We know times are hard but your support means a lot to us especially as we have moved up to our third season in the Premiership. Sponsors have responded by sponsoring players, taking pitch side advertising and there is a new venture with several local firms putting up a smaller advertising board on the side of the stand as you enter the clubrooms. We have got this figure up to around 30 sponsors now. We are also encouraging the players to get their own sponsor which will get that sponsor's name in the programme which hopefully will have a digital version as well as the familiar paper copy. We hope you stay with us next season in our Premiership battle. There will only be 18 games next season with just 9 at home due to league re-construction but we will also have a couple of home free standing Border league games.

We are looking forward to meeting with potential sponsors, firms or individuals who are prepared to help out the Club by sponsoring a game or the player of the match or even sponsoring the match ball. Such interested parties should contact sponsors@kelsoRFC.com. We have a new Business Development Manager, Euan Welsh, who will be delighted to discuss any proposals with you.

The Clubrooms are busy during the week as it is being well used by outside groups: Gentle Exercise, the local Boccia club, the Cub Scouts, Kelso Accordion Club which comes in on the last Wednesday of the month, Bingo, the University of the 3rd Age and the Heritage Society are all meeting in the clubrooms. We now have a darts team who play on the Thursday night. There is also a group on the Wednesdays called the Wednesday Lunch Club. A group of ladies has been preparing a 2 course lunch and tea/coffee. This is all for the grand total of £6. So far, the lunches have been well attended with up to 40 places set. You have to book in advance and to do that or find out more information you should contact Pauline on 07970-124223. You can now do Zumba twice a week. Most of these groups had a break during the summer but are up & running again now that the schools are back.

We still have times available during the day in the middle of the week. Any member wishing to use the facility should contact the Club to discuss the possibilities. We do weddings, birthday parties, christenings and funerals and have rented the space out for some associations to hold their AGMs and are happy to continue to do that. For information contact bookings@kelsoRFC.com.

We are always looking for volunteers to help out with various jobs around the Club. There is nothing too onerous. Anyone interested should contact the Club on office@kelsoRFC.com. We have a few members who offered to sell 50/50 tickets as well as taking money at the gate.

Another 'watch this space' is with regard to the upcoming 150th anniversary of the Club. Season 2026-27 is when we will stage the celebrations. A book is being prepared and a special bottle of whisky is being produced (a 15 year old single malt, apparently) and other events are being looked at to help celebrate this auspicious occasion.

Southern Hemisphere rugby is about to hit Europe after the teams have finished knocking lumps out of each other. It looks fairly brutal to me but surprisingly very even in terms of the league table everybody is capable of beating everybody else. I suspect, however, South Africa have had a couple of off days resulting in their defeats.

I don't know when I last had an ice cream. Must head north soon!

Norman Anderson



Edenside Primary School

P7 Residential



Most of our P7 pupils started off the school year with 3 days at Robinwood Activity Centre in Cumbria along with pupils from Morebathle, Yetholm and Ednam Primary Schools. Here's what some of our pupils thought of the experience:

Residential is so much fun and I absolutely loved the caving, we went around the caves and I put my face right up to the cave camera and it was so funny!!

Sienna

The climbing wall was fun because we could race up it. *William*

Residential was amazing! All the activities were really, really good. The staff were amazing! *Kieran*

Raft building and caving were the best activities because of the games like when you had to leap into the water and the noise of the zombies in the cave! *India*



Caving was great because of the games we played. Zombie was my favourite game because someone had to make a zombie noise and it was very realistic!

Fve

Residential was amazing! One of my favourite things we did was the team challenge. First we got into pairs, then we got a name for collecting brain cells! My name was Boork. We had to solve the mystery and at the end we tried to solve the code to open the curtain.

Rose

Piranha pool was awesome and I got absolutely soaked! Oh...and I also soaked Mrs Moutter!!



I liked canoeing as everyone learned to canoe but also got to splash each other with our paddles!

I liked the quest because we had to work together and think outside the box. *Beth*



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News from Ednam Primary School

At Ednam Primary, we love celebrating all the great learning that happens every day. Our pupils are encouraged to be curious, creative and confident, and it's always a joy to see them making the most of the opportunities that come their way.

This term, our P2–P4 children have been taking part in a fantastic gardening project in the local community with the lovely Lesley & Mark. They've been busy planting, watering and caring for the garden, sampling and using a range of fruit and vegetables, all while learning so much about the world around them. The children have shown wonderful teamwork and responsibility, and they're rightly proud of the difference they're making. Huge thanks to Lesley & Mark for their care and support of our school – we are thrilled to continue this partnership with them.

The garden, and the work ongoing in our school grounds, has also been a brilliant way to bring learning to life. Whether it's measuring plant growth in maths, exploring life cycles in science, or finding inspiration for their writing, the children have discovered that there are lots of exciting lessons to be learned outdoors.

We're proud of the positive and welcoming atmosphere at Ednam Primary, and of the way our pupils throw themselves into every experience. The gardening project is just one of many examples of how our school community works together to make learning fun, meaningful and memorable.

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KELSO SPORTS & CLUBS

KELSO WHEELERS CYCLING CLUB - Something for everyone in a very friendly and welcoming club. Various activities and sessions/coaching available.

Angraflat Trails - traffic-free, professionally designed mountain bike trails for the young and not so young. Open all year round.

Weekly mountain bike coaching: April - September

Weekly Road Time-Trials: April - September

Various Road Social Rides: throughout the year

Please check Facebook for weekly details & updates or email kelsowheelerscc@gmail.com with any queries.

COLDSTREAM PREMIER CRU CYCLING - Sunday social road ride approx 70km/3hrs plus a cafe stop. Meet 9.30am every Sunday outside Cross Keys Hotel.

Contact Rob Smith on robsmith100@hotmail.com

Wednesday off-road MTB/gravel bike ride approx. 50km/4-5hrs. Different location at 10am every Wednesday. Contact Nigel Carrick on Nigel@Carrick.com

KELSO BREEZERS - A group for womens cycling, our motto's are 'no one gets left behind' and 'its all about the coffee stops' For details of up coming rides and anything else our facebook page Kelso Breezers - Breeze Rides or you can email kelsobreezers@yahoo.com. Our rides are posted on letsride.co.uk where you will find details of lots of other Breeze groups through out the Borders, all rides are free to attend, only monies needed are for the coffee stops. Kelso Breezers have regular Sunday rides starting at 9.30am, details of these and other rides can be found on our facebook page.

Our rides vary from 5 - 50 miles, we hope to see you out pedalling soon.

KELSO LADIES NETBALL - All 16+ welcome **every Monday at 7pm** at Kelso High School.

Message Kate on 07590 668364 for more info and to book in.

GENTLE EXERCISE CLASS - Zumba **Every Wednesday at 5pm - 6pm** at Kelso Rugby Club.

Contact Denise on 07713 357450

KELSO SCOTTISH COUNTRY DANCING - all are welcome on **Tuesdays 7 - 9pm** in Kelso North Church Hall (opposite the Factory Shop where you can park). This is not fancy ladies dancing so all are welcome to have fun and exercise. We are all friendly and will welcome and help you. Info from Jessie Hewie 01573 228514 or Helen Rabour helenrabour@gmail.com or 01573 470361

ONE ACCHORD LADIES A CAPPELLA CHORUS - Ladies if you love to sing come and join us at Bowden Village Hall, Main Street Bowden TD6 0SS. Learn to sing in four part harmony, no auditions needed. We welcome everyone who wants to join us.

Rehearsal times: **Wednesdays 7:30-9:30 and 1 Saturday a month 12.30pm-4pm.**

Contact us on 07468 602348 or visit our website, www.oneachcord.co.uk

YETHOLM VILLAGE CHOIR - We meet every **Wednesday 10.30-12** at Yetholm Youth Hall. We are a fun social choir, with a wide repertoire. All welcome. No audition!

KOKKYO IAI DO CLUB - **Tuesday evenings 7pm - 9pm** Ednam Village Hall. Martial Arts club in the Scottish Borders, we practice Iaido, the Japanese art of drawing the sword. Adult and child beginners are very welcome but we ask that children are over 15 as we are a weapons based club. Check out our webpage - <https://kokkyo.wordpress.com/> Please call David McLean, dojo leader on 07954345476

KELSO GLIDERS BOCCIA GROUP - Kelso Gliders beat Hawick Hawks 10-1 recently to top the border league for the 7th year with their final game still to come in October. Some achievement. Peebles will again be runners up after beating Kelso 7-6 in game 1. Player of the Week was Morven Miller who also won a bronze medal at the Stirling National Summer Games in July. Thanks to Alison and Allan Clark coaches for their huge input and to Mark Forsyth and Greig Shortreid for running the league. Roll on next year. Boccia 2026 restarted on 1st September at KRFC at 1pm all welcome £4 session new members accepted at any time.

YETHOLM INDOOR BOWLING CLUB meet in The Wauchope Hall on **Monday afternoons, 2-5pm**. Come and have a free taster session on **Monday October 6th**. All levels welcome.

KELSO ADULT BADMINTON CLUB - **Thursday 7.30pm till 9.30 pm**. New members welcome to come along and give it a try. The Club meets in Kelso High School games hall and plays mixed badminton on 2 (sometimes 3) courts. Rackets available if required. £5 charge nightly (shuttles supplied). Give us a ring on tel: 01573 450227.

For more information : https://www.facebook.com/kelso_badminton

KELSO ORCHARD TENNIS CLUB - Firstly, congratulations to our Men's First Team who won Division 1 this season, the first time since the league was started in 1968. A great achievement, well done to Captain Gregor and his team. After a busy summer of junior camps, competitions and league matches we are now back to our term time sessions. There is lots going on for all ages. For juniors we have coaching on a Monday (girls only) and a Thursday with sessions for all ages. Visit <https://clubspark.lta.org.uk/landkennis/Coaching/Junior> For adults we have coaching sessions, cardio tennis and social doubles. For more information on any of the sessions running at the club please email landkennis@gmail.com. The league season has a small break before the 40+ doubles league starts at the beginning of October.

We are delighted to be taking part in the Cash for Kids Sports Challenge this year. **From 13th September to 13th October** we will be fundraising at the club with the money going to Cash for Kids. Starting with our US open mixed doubles event on **19th Sept**, entries in by 13th please.

KELSO SPORTS & CLUBS

KELSO BRIDGE CLUB – **Wednesday & Thursdays nights at 7 p.m.** Abbey Row Centre. See our website: <https://www.bridgewebs.com/kelso> for more details. We're a friendly SBU affiliated club always ready to welcome new members. Call Shirley Redgrave on 07974 790521 for info.

KELSO WRITERS – Evening and afternoon sessions held on alternate weeks. **Every other Tuesday 2.30pm - 4.30pm and every other Wednesday 7pm - 8.45pm.** Workshops on all aspects of writing, opportunities to read your work and receive friendly, constructive feedback. Beginners and experienced writers welcome. Contact kelsowriters@gmail.com or call Peter on 07483 852492 for more details.

KELSO ART GROUP – meets **every Thursday 9.45 - 12.15** at **Room 2, Abbey Row Centre, Kelso.** Come along and let your artistic side out. You don't need to be a great artist, just enjoy drawing and painting. This is not an Art Class, but like minded people meeting together and swapping knowledge while enjoying art. There are occasional workshops led by professional artists which are usually held on a Saturday. Associate membership is available for those who may not be able to attend a Thursday morning. Call Judi Collins 07762 967623 or contact - Judy Eglington - kelsoartgroup2@gmail.com or judy.eglington@gmail.com

KELSO CAMERA CLUB – We are lovers of photography from beginners to professionals and those shooting the latest digital cameras to those enjoying film and alternative photography processes. We meet **most Thursdays at 7pm** in the **Abbey Row**, and we welcome anyone with an interest in photography to come along and take a look with a view to hopefully joining. The first three nights are free. We organise a wide range of activities which include competitions and photographic outings. To find out more about the club visit our website www.kelsocameraclub.co.uk or contact us at info@kelsocameraclub.co.uk.

BORDERS PHILATELIC SOCIETY – welcomes new members who have an interest in Postal History, Stamps or Postcards at any level from all across the Borders. We are a small friendly club **meeting fortnightly on Monday nights, 7.30 until 9pm** in the **Church Hall, Old Parish & St. Pauls in Scott Crescent Galashiels TD1 3JU**. Please contact John Brown on 01721 723759 or Email him at tweedavenue@gmail.com for further information, or just turn up to meet like minded souls! This seasons 2025 dates are:- **October 6th & 20th**, November 3rd & 17th. The 2026 dates are:- February 2nd & 16th, March 2nd & 16th & 30th.

BORDERS FAMILY HISTORY SOCIETY – we are open on Tuesdays and Thursdays from 10 till 4. If you are interested in tracing your family tree please come along to 52 Overhaugh Street, Galashiels, TD1 1DP. You can also email info@bordersfhs.org.uk or call 01896 750387.

FOUR BORDER ABBEYS U3A – We are for everyone no longer full-time working. We hold an Open Meeting on the **first Thursday of every month (except July & August)** at **Kelso Rugby Club 2pm**. Come along for tea, coffee and an interesting speaker. We also have lots of interest groups to get involved with such as walking, tai chi, craft, bridge, singing, afternoon tea- something for everyone!. Come along for fun and friendship.

BORDERS COMMUNITY SEWING CLUB – Everyone welcome, from beginners to experts. Weekly sessions in Stichill, Maxton, Leitholm and Gavinton village halls. Details from borderscommunitysewingclub@gmail.com

KELSO KNIT'N'NATTER GROUP – Our weekly get together is at **Abbey Row Centre** on **Tuesdays at 10 am**. Contact Joan on 07969 052338 or just come along.

ABBAY QUILTERS – meet on the **first Saturday of the month from 1.30 - 3.30pm** in **Abbey Row Centre**. Come along if you enjoy having fun with fabric and sewing. We also hold occasional workshops. To find out more, contact Gill at cooper.gill20@gmail.com or Anne on 07762 734740. Visit our website www.abbeyquilters.wixsite.com

BORDERS PARKINSON'S GROUP – We have meetings at **Abbey Row Centre, Kelso** on the **third Thursday of the month from 1.30 - 3pm**. All Welcome.

KELSO - ROYAL VOLUNTARY SERVICE SOCIAL CENTRE – takes place **every Tuesday** at **Evangelical Church, 52 Bowmont Street, Kelso TD5 7DZ**. Our social centre is a safe place for adults to engage in social activities and have a nutritious meal **between 10:00-14:00**. Our aim is to support people to meet the needs of their day. Our social centre purpose is to reduce loneliness and isolation and foster good health and wellbeing and quality of life through social engagement. For more details we ask that people call 01896 754481 or email us at scottishbordershub@royalvoluntaryservice.org.uk

BORDER FLOWER CLUB – Next meeting **Wednesday 8th October. 7.30pm** – Demonstration by Kirsten Coltman "A journey with flowers" at **Kelso Golf Club, Abbotseat Road, TD5 7SL**

SOCIETY OF RECORDER PLAYERS, ROXBURGH BRANCH – Come and join our friendly Borders-wide group in our 60th anniversary year! We meet every fortnight in Kelso at **Abbey Row, Tebbutt Room, 7.30-9.30pm**. Adult returners especially welcome! Call Mike Ellis on: 07855 004130 or email - ellishaysike@yahoo.com,

KELSO ACCORDION & FIDDLE CLUB – The club meets on the **last Wednesday of the month from September to May** at **Kelso Rugby Club, 7pm** start. Entertainment from local artistes with a monthly Guest Artiste. £5 entry. All welcome. For further info contact Bob Liddle, 07771-347974

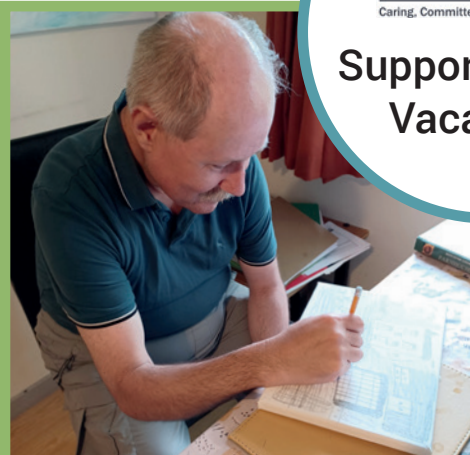
BROOMLANDS SWI – We meet on the **3rd Monday of each month at 2.30pm** in the **Bonar Room, Kelso North Church**. New members are always welcome. Come along and enjoy talks and demonstrations, followed by a cup of tea. If you wish further information please contact Jeanette on jeanneduncanson@gmail.com

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